

# Patient Experience Week 2025 Activities

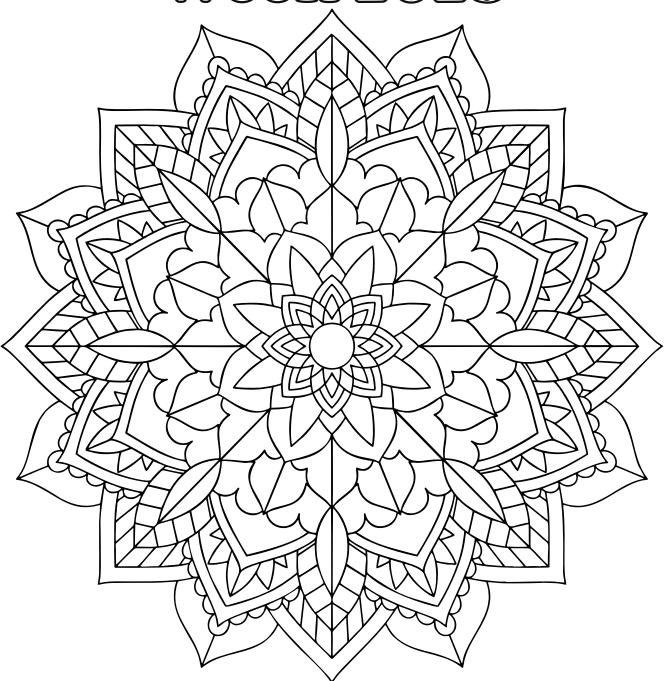


Experience Design and Support



**UCDAVISHEALTH** 

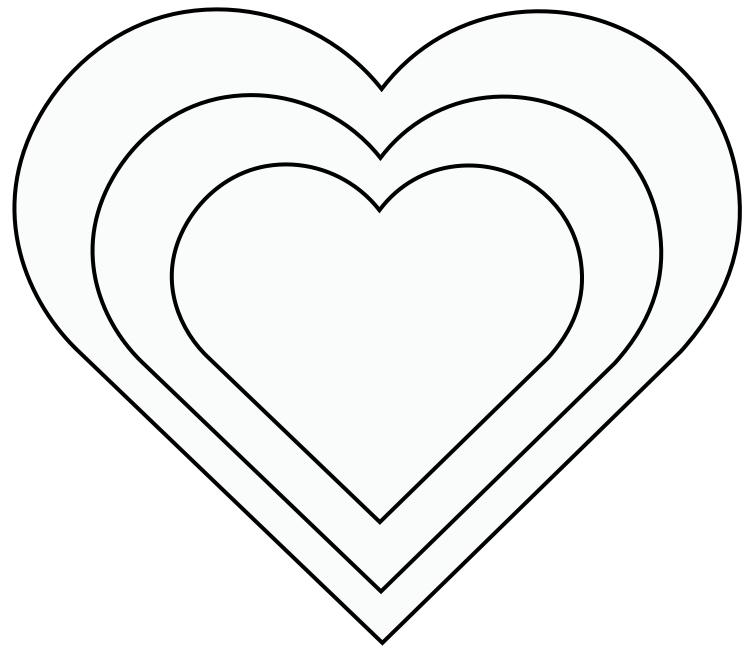
## Patient Experience Week 2025



LIVING OUR VALUES

KINDNESS - TRUST - INCLUSION

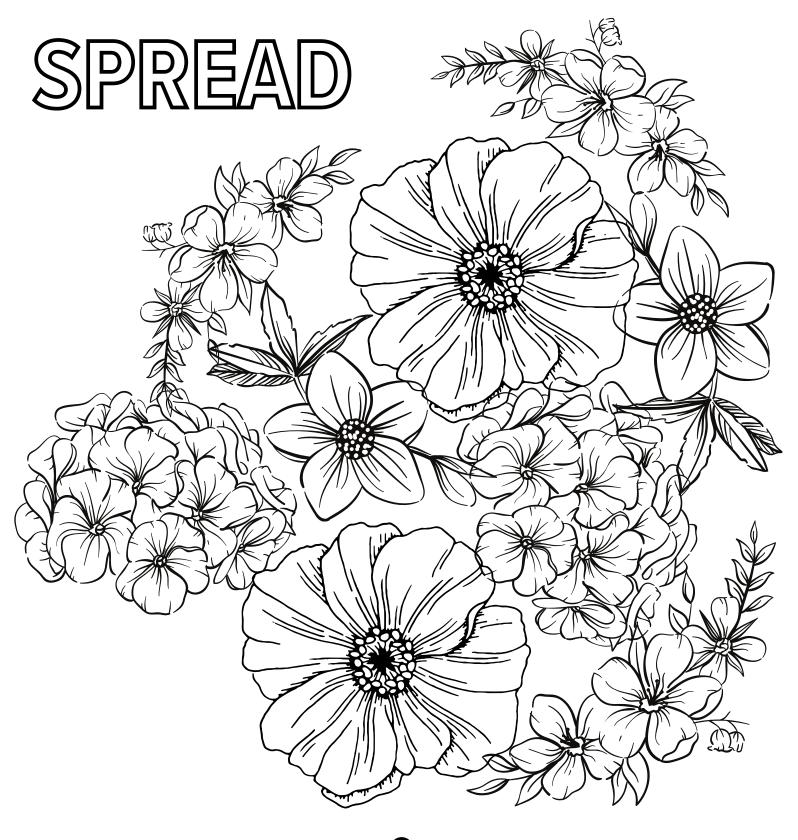
# Living Our Walues



Pinamess Trust Indusion

**EXPERIENCE** 

starts with



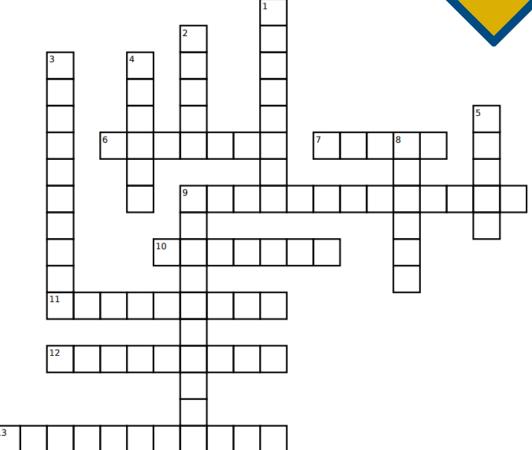
UC**DAVIS** HEALTH Kindness





### **Living Our Values Crossword**





### Down:

- the quality or state of being kind
- to address with expression of kind wishes upon meeting or arrival
- the fact or state of having been affected by or gained knowledge through direct observation or participation
- 4. something such as a principle or quality which is desirable
- assured reliance on the character, ability, strength, or truth of someone or something
- 8. to hear something with thoughtful attention
- sorrow or the capacity to feel sorrow for another's suffering or misfortune

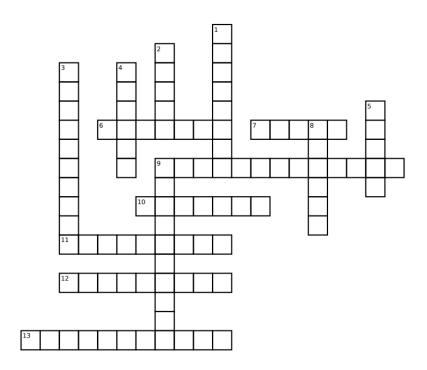
### Across:

- the customary beliefs, social forms, and material traits of a racial, religious, or social group
- a facial expression in which the eyes brighten and the corners of the mouth curve slightly upward
- the quality or state of being aware especially of something within oneself
- the action of understanding and being aware of or sensitive to the feelings thoughts and experience of another
- 11. dealing fairly and equally with all concerned
- 12. the act or practice of including and accommodating people
- the practice of maintaining a nonjudgmental state of heightened or complete awareness of one's thoughts, emotions, or experiences on a moment-to-moment basis



### **Living Our Values Crossword**





## Answer Key: Down Across

1. Kindness

6. culture

2. greet

7. smile

7. SITILE

3. experience

10. empathy

9. consciousness

4. values5. trust

11. equitable

J. trust

12. inclusion

8. listen

9. compassion

13. mindfulness

Down:

- the quality or state of being kind
- to address with expression of kind wishes upon meeting or arrival
- the fact or state of having been affected by or gained knowledge through direct observation or participation
- something such as a principle or quality which is desirable
- assured reliance on the character, ability, strength, or truth of someone or something
- 8. to hear something with thoughtful attention
- sorrow or the capacity to feel sorrow for another's suffering or misfortune

### Across:

- the customary beliefs, social forms, and material traits of a racial, religious, or social group
- 7. a facial expression in which the eyes brighten and the corners of the mouth curve slightly upward
- the quality or state of being aware especially of something within oneself
- the action of understanding and being aware of or sensitive to the feelings thoughts and experience of another
- 11. dealing fairly and equally with all concerned
- 12. the act or practice of including and accommodating people
- the practice of maintaining a nonjudgmental state of heightened or complete awareness of one's thoughts, emotions, or experiences on a moment-to-moment basis



Experience Design and Support

# HEALTH Living Our Values Word Search

Can you find the words hidden in the puzzle?

С	S	N	U	K	I	N	D	N	E	S	S
F	N	L	Р	M	н	K	0	R	Т	U	M
С	E	X	P	E	R	I	E	N	С	E	I
0	W	I	0	L	I	S	Т	E	N	I	L
M	В	Y	N	0	S	F	N	Z	D	С	E
P	E	G	U	C	F	0	С	E	I	K	I
A	L	В	R	S	L	T	R	U	S	T	С
S	L	D	В	0	K	U	I	A	G	E	A
S	R	P	R	M	W	E	S	Т	I	A	N
I	Р	Н	0	P	E	T	Т	I	R	M	S
0	F	С	A	R	E	0	Н	L	0	N	N
N	R	X	V	A	L	U	E	S	С	N	E

COMPASSION	TRUST	KINDNESS	VALUES
LISTEN	TEAM	INCLUSION	HOPE
EXPERIENCE	SMILE	CARE	GROWTH

# HEALTH Living Our Values Word Search

Can you find the words hidden in the puzzle?

С	S	N	U	K	1	N	D	N	E	S	S
F	N	L	P	M	Н	K	0	R	Т	U	M
C	E	X	P	Е	R	1	Е	N	C	Е	1
0	W	1	0	L	1	S	T	E	N	I	L
M	В	Y	N	0	S	F	N	Z	D	С	E
P	E	G	U	С	F	0	С	E	I	K	I
A	L	В	R	S	L	T	R	U	S	Т	С
S	L	D	В	0	K	U	I	A	G	E	Α
S	R	P	R	M	W	E	S	T	I	A	N
1	Р	Н	0	P	Е	T	Т	1	R	M	S
0	F	С	A	R	E	0	Н	L	0	N	N
N	R	X	V	A	L	U	E	S	С	N	E

COMPASSION	TRUST	KINDNESS	VALUES
LISTEN	TEAM	INCLUSION	HOPE
EXPERIENCE	SMII F	CARE	GROWTH



## Living Our Values WORD SCRAMBLE

Unscramble the following words.

perceneexi	
netitap	
coiinunsl	
evslua	
eettrogh	
milse	
mapyhte	
sltine	
dksinsen	
mtae	
lutruce	
opocisnmsa	
rtuts	

## Living Our Values WORD SCRAMBLE

Unscramble the following words.

perceneexi	experience
netitap	patient
coiinunsl	inclusion
evslua	values
eettrogh	together
milse	smile
mapyhte	empathy
sltine	listen
dksinsen	kindness
mtae	team
lutruce	culture
opocisnmsa	compassion
rtuts	trust
<del>-</del>	





Experience Design and Support

### 1. Your name \_\_\_\_\_

# Patient Experience Week Mad Lib

2. Positive Adjective	
-----------------------	--

- 3. Favorite Celebrity \_\_\_\_\_
- 4. Self Care Activity \_\_\_\_\_
- 5. Positive Adjective \_\_\_\_\_
- 6. Favorite Food \_\_\_\_\_
- 7. **Favorite Animal** \_\_\_\_\_\_
- 8. Self- Care Activity \_\_\_\_\_

Dear(your name)	
Feeling fantastic about you	rself is all about embracing your
unic	queness and celebrating your incredible talents.
You are UC Davis's(fav	! Take time practicing vorite celebrity)
uplifting self-care and show	ving yourself abundant kindness every day.
Remember, you deserve a(	n) (self-care activity)
	-est and worthy of all the love
and(favorite food)	in the world. So go ahead, give yourself a
big(favorite animal)	hug and bask in
(self-care activity)	

Thank you for being the amazing, awe-inspiring person you are!